

# RACHEL MEGINNES

## BIO

Rachel Meginnes is an artist and coach. As an artist, she works with found quilts, pulling them apart, experiencing their maker's logic in conversation with her own. Rachel received her undergraduate degree in Art from Earlham College and her Master of Fine Arts degree from the University of Washington. Her work can be found in the collections of the United States Art in Embassies Program in Amman, Jordan, the University of Arkansas, and the Cameron Art Museum, among others. Rachel has taught in formal academic settings, craft contexts, prison workshops, and after-school programs, all amongst students from a wide range of backgrounds and ages. As a trusted mentor attuned to the difficulties of being an artist and feeling that call, she has guided artists through growth and challenge, offering them insight, clarity, and the momentum they need to move forward. For this reason she dedicates herself to coaching other artists and the institutions that support them, receiving training from the Mindfulness Coaching School in Santa Fe, NM and membership with the International Coaching Federation. Rachel lives and works from her home in Bakersville, North Carolina where she first arrived for a three-year residency at Penland School of Craft in 2012. She is part of an interdependent community of artists, connected by craft and the natural surrounds of the Blue Ridge mountains.